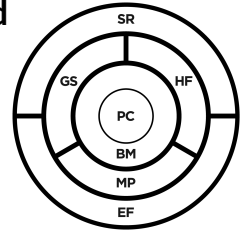


## february 3 &amp; 7 :: passionately committed

**splash**

Why do you think we try so hard to make life work on our own?

What are some of the dangers of thinking that we can find meaning and fulfillment on our own?

**sink down**

*The Sermon on The Mount in Matthew 5-7 is the core of Jesus message. It contains the heart of God and his desire for us as followers of Him. At the beginning of this sermon is a passage that we call "The Beatitudes," Matthew 5.3-12.*

**Read Matthew 5.3-12 together**

What does it mean to be "bankrupt" (poor) in spirit (Matt 5.3)? Have you ever come to that place in your life?

Have you ever mourned over the depth of your sin (Matt 5.4)? What did this look like for you? What brought you to this point?

What does it mean that sin is deeply imbedded in your life? What are or have been the implications of the sin that is so deeply imbedded in your life?

What does biblical humility (meekness) look like (Matt 5.5)?

What is the difference between humility (meekness) and a poor self esteem (Matt 5.5)? Why do you think so many people confuse the two?

**reflection**

*Mark 8.34-36, Matt 10.38-39 and Luke 9.23-24 all tell us that if we want to follow Jesus we must die to ourselves. If you want to follow Jesus it begins with saying no to yourself. You cannot be passionately committed to Christ while at the same time being passionately committed to yourself!*

What are some of the decisions you have to make daily in order to die to yourself?

In what ways must you do a better job of dying to yourself? How can this group help hold you accountable to these things?

**resources**

See an extended explanation of The Seven on our website at <http://thewellcommunity.org/about/the-seven>