

Equipped to Care Training Sessions

Session 1: Care Approach (Anna Hawkins)

- [Care Approach Video](#)
- [Care Approach Handout](#)

Session 2: Caring as a Body 101 (Katie DeManby)

- [Caring as a Body Video](#)
- [Caring as a Body Handout](#)

Session 3: Listening–Listen, Pray, Follow Up (Katie DeManby)

- [Listening Video](#)
- [Listening Handout](#)

Session 4: Theology of Suffering (Melissa Danisi)

- [Theology of Suffering Video](#)
- [Theology of Suffering Handout](#)

Session 5: Boundaries, Self-Awareness, and Self-Care for Helping Ministry (Kevin Manning)

- [Boundaries, Self-Awareness, and Self-Care Video](#)
- There is no handout for this session

Session 6: Understanding Grief (Patty Behrens)

- [Understanding Grief Video](#)
- [Understanding Grief Handouts](#)
 - [Helping Those in Grief](#)
 - [Companioning in Grief](#)

Session 7: Suicide and Abuse Awareness (Anna Hawkins)

- [Suicide and Abuse Video](#)
- [Suicide and Abuse Handout](#)

Session 8: Hospital or Treatment Visits (Mike Chastain)

- [Hospital/Treatment Visits Video](#)
- [Hospital/Treatment Visits Handouts](#)
 - [Hospital Visitation Tips](#)
 - [Hospice/Cancer Care Visits](#)
 - [Questions for Cancer Patients](#)

Session 9: How to Make a Care Call (Katie DeManby)

- [Care Call Video](#)
- [Care Call Handout](#)

[All Video Sessions](#)