

THE WELL

# SEDER SUPPER AT HOME

For those hosting this event at home, it is our recommendation that each of the following (with the exception of the main menu) be set on the table. Once the Seder elements are completed (approx. 30 minutes), the main meal can be served. Please keep this in consideration during preparation.

## THE CHECKLIST FOOD AND BEVERAGE

### MAIN MENU

The main menu can consist of anything your family loves, as long as it is kosher. Most grocery stores have a kosher section where you will find everything you need.

<https://thewell.cc/whatiskosher>

The Well will serve the following:

- Baked chicken
- Green beans with stewed tomatoes
- Rice pilaf
- Salad (with kosher dressing)
- Grape juice



### SEDER PLATE

The Seder plate, which contains, in clockwise order:

- Vegetable - *karpas* - parsley or any other green vegetable
- Bitter herbs - *maror* - typically red or white horseradish (some people prefer raw horseradish)
- Egg - *beitzah* - a roasted hard-boiled egg
- Shank bone - *zeroa* - lamb or roasted chicken leg bone (a roasted beet is a vegetarian alternative)
- Bitter root - *chazeret* - lettuce or onion
- *Charoset* - a mixture of nuts, fruit, wine, and spices

## **MATZAH**

A covered plate that holds three pieces of *matzah*.

## **BOWL OF SALTWATER**

## **WINE**

Each participant will drink four cups of kosher wine or grape juice during the Seder.

## **TABLEWARE**

### **TABLECLOTH AND NAPKINS**

In the Jewish culture, this would be a special evening. It does not matter if the table is set in a fancy manner, only that it is warm and inviting.

### **CANDLES**

Set two candles on the table. They will be lit right before the meal when all are present.

### **GLASSWARE**

Put two glasses at each place setting, one for water and one for kosher wine or grape juice. Set an extra wine glass (and extra plate) for Elijah the Prophet.

## **INVOLVING KIDS IN THE SEDER MEAL**

Before the meal, hide three sheets of the matzah in a cloth napkin somewhere in the living room. Near the end of the evening, you will be directed to send the kids to find it.

After the candles are lit, children will be directed to ask the four questions.  
(You may not have time for all of them.)

On all other nights we eat either leavened bread or unleavened (matzah).  
On this night, why only unleavened bread?

On all other nights we eat herbs of any kind.  
On this night, why only bitter?

On all other nights we do not dip our herbs even once.  
On this night, why do we dip them twice?

On all other nights we eat meals in any manner.  
On this night, why do we sit around the table in a reclining position?

# SEDER SUPPER PREPARATION TIPS

## SEDER MEAL

The point of the Seder meal is to be present over dinner as you are walked through the elements. Brad will teach the Seder and you will be directed when to eat. You will be able to pause the video at any time if needed.

The Well serves grilled chicken, green beans, rice pilaf, salad with kosher dressing, and dessert. We chose this meal because it is doable for 350 people. You may choose to serve fish or another meat, and any vegetable you want.

For those who do not have an afternoon to cook, we recommend getting the Seder plate elements ready the day before (plated and in your refrigerator). If you are hosting several families, you can assign them to bring some items to add to the meal. To save time, you could use one or more of the pre-cooked roasted chickens that many grocery stores sell, you can find a pre-made kosher salad dressing in the kosher section of the store, and you could use boxed rice pilaf. Not quite like a homemade meal, but it works.

You will also need grape juice for the table and a cup for each person. You will use about three ounces of juice per person, four different times during the meal, with each time representing something different and unique. Some hosts may choose to have four cups for each person with a little sip in every cup, which is a more traditional way, but not necessary.

## SEDER PLATE ELEMENTS

There are at least five foods that go on the Seder plate: shank bone (zeroa), egg (beitzah), bitter herbs (maror), the vegetable (karpas), and a sweet apple salad called charoset. Many Seder plates also have room for a sixth, called chazeret (another form of the bitter herbs). Keep in mind, all of the elements are just a small taste for every person. We use parsley and horseradish for the two bitter herbs. Our sweet apple salad is small apple chunks, crushed walnut, and a little lemon juice and brown sugar. We do not mash it into a paste.

We also provide the table with matzah “bread” that you can find in the kosher section of the grocery store. Each person will need one sheet of it. The shank bone is lamb and can be purchased at a grocery store. Sometimes they will even give it to you. Just plan ahead and ask a week before you need it.

Other items on the table include a bowl of saltwater, two candles that are lit by the women, and an extra plate representing Elijah the prophet, that is referenced during the ceremony. (We do not set an extra plate.)

For additional details, check out The Spruce Eats blog post.

<https://thewell.cc/spruceeats>

# SEDER READINGS

These are common Scriptures read or recited at the Seder Supper. Brad will read or recite some. (Some may not be read at all.) We recommend that you print these pages and have them ready to pass to the reader(s) in your group. You will know it is time to pause the video when Brad asks someone to read.

## **EXODUS 12:3-4** (NASB95)

“Speak to all the congregation of Israel, saying, ‘On the tenth of this month they are each one to take a lamb for themselves, according to their fathers’ households, a lamb for each household. ‘Now if the household is too small for a lamb, then he and his neighbor nearest to his house are to take one according to the number of persons in them; according to what each man should eat, you are to divide the lamb.’”

## **EXODUS 12:5-8** (NASB95)

“Your lamb shall be an unblemished male a year old; you may take it from the sheep or from the goats. You shall keep it until the fourteenth day of the same month, then the whole assembly of the congregation of Israel is to kill it at twilight. Moreover, they shall take some of the blood and put it on the two doorposts and on the lintel of the houses in which they eat it. They shall eat the flesh that same night, roasted with fire, and they shall eat it with unleavened bread and bitter herbs.”

## **EXODUS 12:11-14** (NASB95)

“Now you shall eat it in this manner: with your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste—it is the Lord’s Passover. For I will go through the land of Egypt on that night, and will strike down all the firstborn in the land of Egypt, both man and beast; and against all the gods of Egypt I will execute judgments—I am the Lord. The blood shall be a sign for you on the houses where you live; and when I see the blood I will pass over you, and no plague will befall you to destroy you when I strike the land of Egypt. Now this day will be a memorial to you, and you shall

celebrate it as a feast to the Lord; throughout your generations you are to celebrate it as a permanent ordinance.”

*(Wait to read until instructed.)*

## **EXODUS 12:15** (NASB95)

“Seven days you shall eat unleavened bread, but on the first day you shall remove leaven from your houses; for whoever eats anything leavened from the first day until the seventh day, that person shall be cut off from Israel.”

## **LEAVEN**

### **1 CORINTHIANS 5:6-7** (NASB95)

Your boasting is not good. Do you not know that a little leaven leavens the whole lump of dough? Clean out the old leaven so that you may be a new lump, just as you are in fact unleavened. For Christ our Passover also has been sacrificed.

## **POSTURE**

### **EXODUS 12:11** (NASB95)

“Now you shall eat it in this manner: with your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste—it is the Lord’s Passover.”

## **JESUS IN THE UPPER ROOM**

### **MARK 14:18-20** (NASB95)

As they were reclining at the table and eating, Jesus said, “Truly I say to you that one of you will betray Me—one who is eating with Me.” They began to be grieved and to say to Him one by one, “Surely not I?” And He said to them, “It is one of the twelve, one who dips with Me in the bowl.”

### **JOHN 13:21-27** (NASB95)

When Jesus had said this, He became troubled in spirit, and testified and said, "Truly, truly, I say to you, that one of you will betray Me." The disciples began looking at one another, at a loss to know of which one He was speaking. There was reclining on Jesus' bosom one of His disciples, whom Jesus loved. So Simon Peter gestured to him, and said to him, "Tell us who it is of whom He is speaking." He, leaning back thus on Jesus' bosom, said to Him, "Lord, who is it?" Jesus then answered, "That is the one for whom I shall dip the morsel and give it to him." So when He had dipped the morsel, He took and gave it to Judas, the son of Simon Iscariot. After the morsel, Satan then entered into him. Therefore Jesus said to him, "What you do, do quickly."

## **THE BREAD**

### **MATTHEW 26:26** (NASB95)

While they were eating, Jesus took some bread, and after a blessing, He broke it and gave it to the disciples, and said, "Take, eat; this is My body."

## **THE CUP**

### **MATTHEW 26:27-28** (NASB95)

And when He had taken a cup and given thanks, He gave it to them, saying, "Drink from it, all of you; for this is My blood of the covenant, which is poured out for many for forgiveness of sins."

## **SELECTED PSALMS OF ASCENT**

### **PSALM 113** (NASB95)

Praise the Lord!  
Praise, O servants of the Lord,  
Praise the name of the Lord.  
Blessed be the name of the Lord  
From this time forth and forever.  
From the rising of the sun to its setting  
The name of the Lord is to be praised.  
The Lord is high above all nations;  
His glory is above the heavens.  
Who is like the Lord our God,  
Who is enthroned on high,  
Who humbles Himself to behold  
The things that are in heaven and in the earth?  
He raises the poor from the dust

And lifts the needy from the ash heap,  
To make them sit with princes,  
With the princes of His people.  
He makes the barren woman abide in the house  
As a joyful mother of children.  
Praise the Lord!

### **PSALM 117:1-2** (NASB95)

Praise the Lord, all nations;  
Laud Him, all peoples!  
For His lovingkindness is great toward us,  
And the truth of the Lord is everlasting.  
Praise the Lord!

### **PSALM 118:22-29** (NASB95)

The stone which the builders rejected  
Has become the chief corner stone.  
This is the Lord's doing;  
It is marvelous in our eyes.  
This is the day which the Lord has made;  
Let us rejoice and be glad in it.  
O Lord, do save, we beseech You;  
O Lord, we beseech You, do send prosperity!  
Blessed is the one who comes in the name of the  
Lord;  
We have blessed you from the house of the Lord.  
The Lord is God, and He has given us light;  
Bind the festival sacrifice with cords to the horns  
of the altar.  
You are my God, and I give thanks to You;  
You are my God, I extol You.  
Give thanks to the Lord, for He is good;  
For His lovingkindness is everlasting.

## **THE CROSS**

### **MATTHEW 27:45- 54** (NASB95)

Now from the sixth hour darkness fell upon all the land until the ninth hour. About the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, why have You forsaken Me?" And some of those who were standing there, when they heard it, began saying, "This man is calling for Elijah." Immediately one of them ran, and taking a sponge, he filled it with sour wine and put it on a reed, and gave Him a drink. But the rest of them said, "Let us see whether Elijah will come to save Him." And Jesus cried out again with a loud voice,

and yielded up His spirit. And behold, the veil of the temple was torn in two from top to bottom; and the earth shook and the rocks were split. The tombs were opened, and many bodies of the saints who had fallen asleep were raised; and coming out of the tombs after His resurrection they entered the holy city and appeared to many. Now the centurion, and those who were with him keeping guard over Jesus, when they saw the earthquake and the things that were happening, became very frightened and said, "Truly this was the Son of God!"

## THE EMPTY TOMB

**Matthew 28:1-6** (NASB95)

Now after the Sabbath, as it began to dawn toward the first day of the week, Mary Magdalene and the other Mary came to look at the grave. And behold, a severe earthquake had occurred, for an angel of the Lord descended from heaven and came and rolled away the stone and sat upon it. And his appearance was like lightning, and his clothing as white as snow. The guards shook for fear of him and became like dead men. The angel said to the women, "Do not be afraid; for I know that you are looking for Jesus who has been crucified. "He is not here, for He has risen, just as He said. Come, see the place where He was lying."



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## COMMUNION - THE BREAD

**1 CORINTHIANS 11:23-24** (NASB95)

For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."

## COMMUNION - THE CUP

**1 CORINTHIANS 11:25-26** (NASB95)

In the same way He took the cup also after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.