



## LIFE GROUP GUIDE

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**REMINDER:** This guide is to be used as such, a guide. The questions should be used as conversation starters. Allow your students to come up with their own answers. Don't feel obligated to "get through" all the questions. However, do leave time for the living section at the end.

**Connection:** Check in with your students, maybe highs and lows. **Be sure to check in with them to see how their week went.**

**Big Idea:** The tomb is no longer about death; it's about life!

**Our Story:**

1. What's one thing of spiritual significance that stood out to you from this week's sermon?

**God's Story:**

**Luke 24:1-12**

But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. <sup>2</sup> And they found the stone rolled away from the tomb, <sup>3</sup> but when they went in they did not find the body of the Lord Jesus. <sup>4</sup> While they were perplexed about this, behold, two men stood by them in dazzling apparel. <sup>5</sup> And as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? <sup>6</sup> He is not here, but has risen. Remember how he told you, while he was still in Galilee, <sup>7</sup> that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise." <sup>8</sup> And they remembered his words, <sup>9</sup> and returning from the tomb they told all these things to the eleven and to all the rest. <sup>10</sup> Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told these things to the apostles, <sup>11</sup> but these words seemed to them an idle tale, and they did not believe them. <sup>12</sup> But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home marveling at what had happened.

**John 20:19-21**

<sup>19</sup> On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." <sup>20</sup> When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord.

**Ephesians 1:18-21**

<sup>18</sup> I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, <sup>19</sup> and his incomparably great power for us who believe. That power is like the working of his mighty strength, <sup>20</sup> which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms, <sup>21</sup> far above all rule and authority, power and dominion, and every title that can be given, not only in the present age but also in the one to come.

**Reflection:**

1. Why did Jesus rise from the dead?
2. What does Jesus rising from the dead mean to you? (Don't let them be generic, what does it mean to THEM)
3. Have you trusted Jesus for eternal life? If not, why not? If you have, why did you and what happened?
4. Do you trust that Jesus brings life? Why or why not?
5. What do you think "Jesus bringing life" looks like? What might your life look like if you believed Jesus brings life? How might it look different?
6. Do you feel like you allow Jesus to take the pain, the hurt and the things that keep you from loving and trusting him? If yes, what does that look like practically? If no, how might you do that? How might you allow Jesus to breathe life into those areas?
7. Have you ever met someone who allowed Jesus to breathe life into every area of their life? Who was it? How did they live their life?
8. What are some of the things you think they did in order to live life that way?
9. What are some things that you can do that can help you trust Jesus with your life?

**Living:**

Give each student a card and have them memorize John 10:9-11. Encourage them to journal about it throughout the week, to meditate on the scripture. Have them write down what they hear God saying through this passage. Tell them you will memorize it with them!

**Be sure to take time and pray with the students**

