Sept 4, 7

Hebrews: Intro & Overview

Connect (20-30 mins)

Spend some time welcoming back your group from the summer. Start your first gathering time together with a shared meal, potluck, etc. Review <u>Ice Breaker questions here</u> or spend 3 mins sharing highs/lows from the last time you met.

Review the <u>Life Group Commitment and Covenant</u> to restart your semester and clarify expectations. You can download those documents <u>here</u>.

Grow (20-30 mins)

- 1. What are some ways you are hoping to grow in the Lord this semester? Discuss what rhythms of bible reading/study you plan to have this semester.
 - We recommend trying to read through the entire book of Hebrews the first week of the sermon series (13 chapters) to gain familiarity. See our chart here: Hebrews
 - If you are looking to dig deeper this semester into homework before Life Group we recommend the following study to guide your time.
 - Hebrews Study Online: Gospel Coalition 12 Week Course on Hebrews
 - Hebrews Study Book: Hebrews 12 Week Study
 - Read through the Bible in a Year: You can also try and complete a chronological bible reading plan with your group this year! Some of The Well staff is going to be reading through the bible in a year starting in September, join us! <u>Bible Recap Plan</u>

Share (20-30 mins)

- 2. What was most meaningful or significant from last week's sermon?
- 3. The theme of our sermon series will be "Jesus is Better". What are some of the things you turn to instead of Jesus when things seem hard or overwhelming? Or what do you turn to in times of fear, frustration, or escape? *If possible, get specific. Share something from last week you turned to rather than Jesus.
 - How can you begin to look to Jesus instead of the things you turn to for temporary relief or solutions?
- 4. The sermon mentioned Jesus is better in personhood, priesthood, and promises. Jesus is the perfect savior and a great shepherd. Why is it important that Jesus is not only sinless but better in all of these ways?

5. It was mentioned the book of Hebrews will address those who drift from the things of God, those who delay their spiritual growth, and those who deliberately sin. What is the difference between these 3 types of warnings and which are you most prone to?

Practice: Embracing the Gospel Overtime (20-30 mins)

How to Prioritize Growing Spiritually

The start of a new semester brings about much to consider. Fall can easily feel busy or challenging with schedules so take time to consider some of the answers to your questions above. In order to say yes to growing in the Lord and consistently participating in a lifegroup, you may need to say no to other things. Even ٦d

good things. Read Proverbs 19:21. Spend a few minutes quietly praying and asking the Lord what things you need to say "no" to in this season in order to say "yes" to lifegroup and time in His word. Write those below ar share with the group.	
<u>Yes</u>	<u>No</u>

What are some steps you can take this week to begin to prioritize what you wrote above? How can you invite the Holy Spirit to help you pursue the things God would have you prioritize this semester?

Close the group in communal prayer. A few people pray for what was shared and the hopes for what is to come this semester!

For next week:

Read the book of Hebrews (Ch.1-13). Write down any questions or observations you may have as we start this journey through this book!