

WEEK 5 • EXPERIENCING ONGOING FREEDOM

5-10 mins	Welcome & Greet Pray to open your time as a group
25 mins	Watch Experiencing Ongoing Freedom teaching video from Dave Obwald (QR code) 
2 mins	If you are a coed group, split into men and women at this time. Women stay in the room, men can find a place around campus or another part of the home. Open group time reorienting around the practice of experiencing ongoing freedom. This week we will practice vulnerability and honesty with one another and share some of the ways we are currently struggling with sin & suffering.
5 mins	Reread the covenant from the front of your book. Remind we are here to create a safe place for people to be honest and come out of hiding. Not to fix, offer solutions, or shut down. Read Romans 8:38-39, remind the group of God's love as we enter in.
5 mins	Start group time individually reflecting on the curriculum, then reading Psalm 139:23-24. Quietly (see Prayer of Intention at the end of the week), on our own ask the Lord to point out what "grievous way may be in me". Spend a few minutes with the Lord.
60-90 mins Group time of confession	Read James 5:16 as you enter into a time of confession. A reminder we confess to be prayed for. Each person will take a few minutes to share answer to question #1 <ol style="list-style-type: none"> 1. As you went through the homework or sitting in Psalm 139, what came up? (Give time for confession). <p>If you still have time:</p> <ol style="list-style-type: none"> 2. Use questions from Day 4 take the group deeper if needed: <ul style="list-style-type: none"> • Are there any issues in your life hiding under the table? • Is there anything you are struggling to feel forgiven for? • Do you find it difficult to forgive? Is there someone you are struggling to forgive? • Is there someone you need to make amends with?
10 mins	Index Cards: Pass out cards to your group to write a prayer request and contact info. Ask "What from this week's content or discussion do you need prayer for? Follow up with? Swap cards to pray for someone during the week and reach out.
5 mins	Wrap Up Any questions or information you need to share Leaders close in prayer Next week's reminders: Panel: Living on Purpose. We will start out our time hearing from a panel of people from our church living on purpose.