

## Communion (Celebrating the Work of God)

There are three ways you can celebrate the ordinance of communion with your life group using this guide.

1. An outline you can use as a guide to teach through and administer the communion elements.
2. A word for word script walking you through the teaching and administering of the communion elements ([leader instructions are in blue](#))
3. A video guide you can cue up and use to watch the teaching and administering of the communion elements.

### Communion Outline

1. Give an overview about the ordinance of communion and why Jesus commands the church to continue celebrating it until his 2nd advent.
2. Read aloud ([or ask others to read](#)) Romans 5:7-8, John 15:12-17, and 1 Corinthians 11:23-28.
3. Pray thanking God for Jesus' sacrificial, atoning death, and that our sins past, present, and future are covered, expunging our sinful record, and imputing Christ's righteousness to our account. Read Psalm 139: 23, 24 and ask God by His Spirit to search our hearts, that we might confess any sinful ways he brings to our attention ([pausing for 30 seconds of silence or play a worship song chorus of Oh Come to the Altar by Elevation Worship.](#))
4. Read 1 Corinthians 11:23-24 and eat the bread together.
5. Read 1 Corinthians 11:25-26 and drink the cup together.
6. Offer a prayer of thanksgiving for what Jesus accomplished along with the anticipation of his triumphant return for his bride, the church.

### Communion Script

Jesus wants us to remember what He has done for us, that He's returning for His church, and seeks to unify us as we walk out this messy process of life with the Holy Spirit. Communion is one of two ordinances Jesus commands the church to continue doing until His second coming.

We're going to read the following verses and think about Jesus' commitment and work in your life. You may want to jot down a few thoughts on how each verse impacted you.

Romans 5:7-8

“Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. But God demonstrates His own love for us in this: while we were still sinners, Christ died for us.”

John 15:12-17

“My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one’s life for one’s friends. You are My friends if you do what I command. 15 I no longer call you servants, because a servant does not know his master’s business. Instead, I have called you friends, for everything that I learned from My Father I have made known to you. You did not choose Me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in My name the Father will give you. This is my command: Love each other.”

1 Corinthians 11:23-28

“For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, ‘This is My body, which is for you; do this in remembrance of Me.’ In the same way, after supper He took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of Me.” For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until He comes. So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. Everyone ought to examine themselves before they eat of the bread and drink from the cup.”

Verse 27 and 28 encourages us to examine ourselves before taking communion.

Let’s pray together. Dear Heavenly Father, thank you for sending your only Son to pay to satisfy the debt my sin has incurred by dying a criminal’s death on a cross, being pierced for my/our transgressions, so my sins would be covered and cleansed by your blood. For without the shedding of blood there can be no payment for sin. I invite you to “Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting” ([Psalm 139: 23, 24](#)) Would you examine our hearts within the next 30 seconds and help me confess and agree with what you bring to my mind. ([pause for thirty seconds: you can play an excerpt of a worship song. Suggestion: Oh Come to the Altar by Elevation Worship](#))

Father, thank you for hearing our prayers, examining my heart and leading me into life everlasting. Amen.

([Read 1 Corinthians 11:23-28 again, pausing to take the communion elements](#))

“For I received from the Lord what I also passed on to you: The Lord Jesus, on the night He was betrayed, took bread, and when he had given thanks, he broke it and said, ‘This is my body, which is for you; do this in remembrance of Me.’ ([pause and eat the bread or the wafer together](#))

(Continue reading) In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” (drink the juice together)

Let's pray. Father, thank you for reminding us that we are forgiven all of our sins past, present, and future, and that we are unified under the blood of Jesus Christ, your Son. Help us live into the newness of life as a part of your family and help us glorify your name.

## **Video Teaching on Communion**

1. Click the link to the following [website](#).
  - a. Instructions are at the 2:35-3:20 minute marks.
  - b. Video leading a group through communion is from the 3:20 minute mark and concludes at 7:02.