



## WHAT IS A LIFE GROUP?

**Vision:** People experiencing gospel transformation in biblical community.

**Mission:** To help people connect to God and each other in every neighborhood.

### VALUES/EXPECTATIONS:

- A semester-based home group (with 6-16 people), ongoing
- Using Foundations curriculum, sermon-based Life Group Guide (LGG) or approved curriculum (as an exception).
- Commitment to Foundational Practices to grow as disciples of Christ:
  - Embracing the Gospel
  - Sharing Your Story
  - Living on Purpose
  - Intentionally Pursuing Community
  - Serving Faithfully
  - Giving Generously
  - Ongoing Freedom in Christ
  - Celebrating the work of God
- Meet weekly or bi-weekly as a group, 10-12 weeks Fall, Winter, Spring (Summer focus on connecting)
- Cultivate relationship with God through His word, develop authentic relationships, grow in Christlikeness, and serve others.
- Cared for and connected to The Well's Life Group Team and committed to The Well's vision and mission.

### MARKS OF A HEALTHY GROUP

1. **Connect** to each other (1 Thessalonians 2:8, Romans 15:7) Know each other (season of life, story, and suffering), laugh together, share a meal, build relationships outside of group
2. **Grow** with one another (Acts 2:42, Romans 8:29) Abide in God's word, feed your spirit, spend time in prayer
3. **Share** what you are learning and going through (Hebrews 4:12, 1 John 1:9) What is God teaching you? Taking you through? Practice vulnerability, confession & repentance
4. **Care** for one another (John 13:34, Galatians 6:2) Follow up, don't fix, walk with others and bear their burdens, respect one another, pray for and with each other
5. **Practice** life with God together (Matt 7:24, Gal 5:13) Keep our commitments to the group and participate in the foundational practices and experiences that cultivate spiritual formation



## LIFE GROUP COMMITMENT

**DATES** We'll meet on \_\_\_\_\_ for \_\_\_\_\_ weeks. Our final meeting of this semester will be on \_\_\_\_\_.

**TIME** We'll arrive between \_\_\_\_\_ & \_\_\_\_\_ and begin the Meeting at \_\_\_\_\_. We'll spend approximately \_\_\_\_\_ minutes Checking in with one another, \_\_\_\_\_ minutes in study/discussion, and \_\_\_\_\_ minutes in sharing prayer requests/praying together.

**CHILDREN** Group members are responsible for arranging childcare for their children. Nursing newborns are welcome provided they are not a distraction to the group.

**STUDY** Our life group will either be going through Life Group Guide which follows along with the sermon series or Foundations curriculum. There are exceptions for approved curriculum as needed.

**HOMEWORK & ATTENDANCE** Joining a Life Group requires a commitment to attend each week and do the homework ahead of time. We understand life happens (sickness, work, conflicts), but ask that you let us know when you cannot make it.

If I cannot come to a meeting, I will call or text  
\_\_\_\_\_

**SERVE EXPERIENCES** Foundational Practices: Living on purpose, serving faithfully, giving generously. Your group will decide on a serve project and ways to serve each other with the group.

***I agree to honor this commitment throughout the semester*** (to be decided by each person on or before the third week).

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PRINT NAME

SIGNATURE

DATE



## LIFE GROUP COMMITMENT

1. I will love the Lord, His word, and His people.
2. I will help people connect to God and each other in every neighborhood.
3. I will do my best to attend leader meetings, training/huddles, and worship gatherings.
4. I will do my best to uphold the life group commitments.
5. I will pray for the unity, health, and growth of The Well and my life group.
6. I will identify leaders from within my group and share leadership responsibilities when appropriate.
7. I will seek to model Christ and be above reproach in every area of my life. Galatians 5:16-26.
8. I will commit to disciple, care for, and encourage others in their relationship with Christ.



## LIFE GROUP COVENANT

We are entering into a very unique process of life with God – together. This journey will require a safe environment where individuals can be open and honest. Individuals may share things they have never shared before. These intimate moments need to be received without judgment or condemnation. We are on a journey with God together. We are not here to “fix” one another but to be present with each other – in love. We want to encourage openness, vulnerability, honesty, and intimacy together. This group dynamic will require a few critical components. First, we ask every participant to agree to guard against gossip within the group. This shared confidentiality ensures the sanctity of the group; what is said stays with the group. Second, this requires regular attendance. We acknowledge that life is busy and emergencies arise. However, consistency fosters trust. Your consistent presence is necessary for the group environment to be honest and intimate. If you cannot attend, please inform your leader so they can help lead the group effectively. Finally, we ask for honesty. Your honesty is essential regardless of your position in Christ or the state of your spiritual life. As each individual is open and honest, the group can deepen together.

I commit to:

- Participating Honestly
- Attending Consistently
- Guarding Against Gossip

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PRINT NAME

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